## **Physical Examinations**

**All** students participating in Athletics, Band, Cheerleading, Drill Team, ROTC, and Club Sports for the 2021-2022 school year at The Woodlands High School and McCullough Junior High School will be required to complete a new athletic physical for the 2021-22 school year.

In a continued effort of CISD to keep paper use to a minimum, all students that will participate in activities that require a UIL physical - Band, Cheerleading, Drill Team, ROTC, Athletics, and Club Sports for the 2021-2022 school year at The Woodlands High School and McCullough Junior High School must complete their UIL paperwork online. This includes students entering 7th grade next year. The online forms are required. Parents should complete the online forms and turn in a hard copy of the 2021-22 Medical History and Physical Exam Form to the Coach or Athletic Training Staff before the student participates in his/her activity.

The online program that has been approved by Conroe ISD is Rank One. The registration will only take a few moments. Below is the link to the instructions for you to follow to complete your student's information. This information can be completed on a computer, tablet, or smart phone. If your student will participate in one of the above listed activities you can register as soon as you would like and begin completing the forms.

## Online Parent Instructions and link to online forms:

https://conroeisd.rankonesport.com/New/NewInstructionsPage.aspx



Online Pre-Participation Medical History and Physical Exam Form (must be dated after 4/15/2021 and a hard copy must be on file):

https://www.conroeisd.net/wp-content/uploads/2016/04/2021-22-Physical-Form.pdf



If you have any questions or need assistance please contact our Athletic Trainers:

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